

Name of the test

Free Prostate-Specific Antigen (Free PSA)

How is this test performed?

A blood sample is taken from a vein.

How to prepare for the test

Vigorous physical activity (including riding a bicycle) and ejaculation should be avoided for 48 hours before taking the sample for this test.

This test may need to be done before the digital rectal exam (DRE).

As far as prostate biopsy is concerned, this test may be performed before the biopsy or 6 weeks after the biopsy.

It is highly recommended to first consult the doctor regarding any preparation required for this test.