

Name of the test

Urine analysis

How is this test performed?

A sample of urine needs to be collected for this test.

How to prepare for the test

Urine for this test is usually collected in the morning. In addition to that, it is important to first clean/wash the genitalia before collecting the sample.

Also, before collecting urine in a special container, the individual needs to begin urinating the first part of the stream into the toilet. Then the “middle portion” of urine is collected in the container and once the collection of the sample is done, one can finish urinating into the toilet (last part of the stream).

It is recommended to consult the health care provider for additional instructions.